

February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 National Dark Chocolate Day 9:30am- A Matter of Balance Program w/MU Extension 10:30am- Hydration Cart 11:00am- Sit and Be Fit Exercise 1:30pm- Bingo 2:30pm- Coloring Club w/Wine & Dark Chocolate 3:15- White Board Games 4:00pm- Family Feud (iN2L)	2 GROUNDHOG DAY 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 2:00pm- Music w/The Happy Hour Prices 3:00pm- Movie Matinee "Groundhog Day" 4:00pm- Resident Card Games	3 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Bible Study 3:30pm- Happy Hour	4 10:30am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Movie Matinee "Dog" 2:00pm- Coloring Club 3:00pm- Group Walk Around the Building
5 10:30am- Morning Church Service (Springhouse TV Channel 2501) 1:30pm- Movie Matinee "I Can Only Imagine" 2:00pm- Puzzle Club 3:00pm- Group Walk Around the Building 4:00pm- Afternoon Church Service (Springhouse TV Channel 2501)	6 National Frozen Yogurt Day 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Bingo 3:00pm- Andy's Frozen Yogurt (Outing) 4:00pm- White Board Games	7 Be Mine Movie Date Day 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Country Drive (Outing) 2:00pm- Resident Card Games 3:00pm- Romantic Comedy Movie w/Popcorn & Chocolates "Mamma Mia!"	8 Puppy Love Day 9:30am- A Matter of Balance Program w/MU Extension 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:00pm- Magnificent Marley Dog Show 2:00pm- Bingo 3:15pm- Bocce Ball (Fitness Room) 4:00pm- Family Feud (iN2L)	9 Be My Valentine Day 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 2:00pm- Hymns & Communion w/Chaplain Elizabeth 3:00pm- Valentine's Day Craft 4:00pm- Travel Time	10 Chiefs Day Wear Chiefs Gear/Red & Gold 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Bible Study 3:30pm- Football Happy Hour w/Music by Aaron Link	11 10:30am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Movie Matinee "A Home of Our Own" 2:00pm- Coloring Club 3:00pm- Group Walk Around the Building
12 Super Bowl Sunday Wear Jerseys/Sports Gear 10:30am- Morning Church Service (Springhouse TV Channel 2501) 1:30pm- Movie Matinee "Kindergarten Cop" 2:00pm- Puzzle Club 3:00pm- Group Walk Around the Building 4:00pm- Afternoon Church Service (Springhouse TV Channel 2501) 5:30pm- Super Bowl 57: Chiefs vs Eagles	13 9:30am- Improved Health Exercise Video 11:00am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Bingo 2:30pm- Documentary Movie "A Look at the History and Traditions of Valentine's Day" 3:30pm- Resident Card Games	14 VALENTINE'S DAY Wear Red & Pink 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Multi-Cancer Early Detection Test Presented by Mercy (Clubhouse) 1:30pm- Country Drive (Outing) 2:30pm- White Board Games 3:30pm- Valentine's Day Party w/Music by Squeeze Play	15 9:30am- A Matter of Balance Program w/MU Extension 10:30am- Hydration Cart 11:00am- Sit and Be Fit 2:00pm- Music w/Isaac Kenneth 3:30pm- Bingo	16 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 2:00pm- Blackjack 3:00pm- Nature Program w/Keith: Winter Trees 4:00pm- Travel Time	17 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Bible Study 3:30pm- Song Request Happy Hour	18 10:30am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Movie Matinee "Indiana Jones and the Raiders of the Lost Ark" 2:00pm- Coloring Club 3:00pm- Group Walk Around the Building
19 10:30am- Morning Church Service (Springhouse TV Channel 2501) 1:30pm- Movie Matinee "God's Not Dead" 2:00pm- Puzzle Club 3:00pm- Group Walk Around the Building 4:00pm- Afternoon Church Service (Springhouse TV Channel 2501)	20 PRESIDENTS' DAY 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Documentary Movie "George Washington: America's First President & the Birth of a Nation" 3:30pm- Farkle	21 MARDI GRAS Wear Green, Gold & Purple 9:30am- Improved Health Exercise Video 10:30am- Make a Mardi Gras Mask 1:30pm- Documentary Movie "New Orleans Parades From The Past" 2:00pm-3:00pm Bistro Reserved for Staff Meeting 3:30pm- Mardi Gras Tea Party	22 ASH WEDNESDAY 9:30am- A Matter of Balance Program w/MU Extension 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- White Board Games 3:00pm- Televised Ash Wednesday Service w/First United Methodist Church of Baton Rouge (Springhouse TV Channel 2501) 3:15pm- Bocce Ball (Fitness Room) 4:00pm- Family Feud (iN2L)	23 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 2:00pm- 5 Card Draw Poker 3:00pm- Country Drive (Outing) 4:00pm- Travel Time	24 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Bible Study 3:30pm- Happy Hour w/Wes Dickinson	25 10:30am- Morning Exercise (Springhouse TV Channel 2501) 1:30pm- Movie Matinee "El Dorado" 2:00pm- Coloring Club 3:00pm- Group Walk Around the Building
26 10:30am- Morning Church Service (Springhouse TV Channel 2501) 1:30pm- Movie Matinee "Charade" 2:00pm- Puzzle Club 3:00pm- Group Walk Around the Building 4:00pm- Afternoon Church Service (Springhouse TV Channel 2501)	27 9:30am- Improved Health Exercise Video 10:00am- Shopping Outing: Neighborhood Walmart 1:30pm- Bingo 2:30pm- White Board Games 3:30pm- Farkle	28 9:30am- Improved Health Exercise Video 10:30am- Hydration Cart 11:00am- Sit and Be Fit 1:30pm- Country Drive (Outing) 2:00pm- Resident Card Games 3:00pm- Movie Matinee "Seven Days in Utopia"				