



July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>1 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:15pm- Movie Matinee <i>"The African Queen (1952)"</i> 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)</p>	<p>2 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Be Well w/Aegis Health Talk <i>"Laughter is the Best Medicine"</i> 3:00pm- Farkle</p>	<p>3 9:15am- Improved Health Exercise Video 9:30am- Shopping Outing: Neighborhood Walmart 1:15pm- Sit and Be Fit 2:00pm- Travel Time <i>"Wildest Places Australia: Outback Deserts"</i> 3:30pm- 4th of July Bingo Bonanza 6:30pm- Televised Wednesday Night Church Service (Channel 2501)</p>	<p>4 INDEPENDENCE DAY <i>Wear Red, White & Blue</i> 9:15am- Improved Health Exercise Video 11:00am- 4th of July Fun Facts (Front Desk) 1:15pm- Patriotic Movie <i>"First Man"</i> 3:30pm- Card Games, Dominoes, Checkers & 4th of July Bomb Pops</p>	<p>5 <i>Wear Red, White & Blue</i> 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:30pm- Independence Day Holiday Happy Hour w/Music by Squeeze Play</p>	<p>6 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"National Treasure"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk</p>	
<p>7 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk</p>	<p>8 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)</p>	<p>9 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional (Front Desk) 2:00pm- Travel Time <i>"Wildest Places Pacific: Coral Cities"</i> 3:30pm- Card Games, Dominoes, Checkers & Ice Cream Sandwiches</p>	<p>10 9:15am- Improved Health Exercise Video 9:30am- Shopping Outing: Walgreens 1:15pm- Sit and Be Fit 2:00pm- Blackjack 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)</p>	<p>11 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Monthly Prayer Meeting 2:00pm- Hymns & Communion w/Chaplain Elizabeth 3:00pm- Farkle</p>	<p>12 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 3:30pm- Happy Hour w/Rev. Paul the Red Shoe Singer</p>	<p>13 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"Somewhere in Time"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk</p>
<p>14 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk</p>	<p>15 9:15am- Improved Health Exercise Video 11:00am- Funny Facts (Front Desk) 1:15pm- Movie Matinee <i>"Seven Days in Utopia"</i> 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)</p>	<p>16 9:15am- Improved Health Exercise Video 10:30am- Travel Time <i>"Wildest Places Antarctica: Currents"</i> BISTRO RESERVED FOR STAFF MEETING 2:00pm – 3:00pm 3:30pm- Coffee, Cookies & Card Games</p>	<p>17 Fitness Room Reserved for Podiatrist- No Exercise Classes Today 11:00am- Wheel of Fortune 2:00pm- Music w/Isaac Kenneth 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)</p>	<p>18 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:00pm- Art Museum (Outing) 3:30pm- Poker</p>	<p>19 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 2:00pm- Early Happy Hour w/Music by Happy Plunkers 3:30pm- Bingo</p>	<p>20 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"On Golden Pond"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk</p>
<p>21 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk</p>	<p>22 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)</p>	<p>23 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Choir Practice 3:00pm- Farkle</p>	<p>24 9:15am- Improved Health Exercise Video 11:00am- 21 Questions 1:15pm- Sit and Be Fit 2:00pm- <i>"Native Animals"</i> w/Dickerson Park Zoo 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)</p>	<p>25 9:15am- Improved Health Exercise Video 10:30am- Bingo 1:15pm- Sit and Be Fit 2:00pm- Travel Time <i>"Wildest Places Australia: Rainforests"</i> 3:30pm- Health Talk w/Lisa Murphy <i>"Anxiety & Stress"</i></p>	<p>26 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional (Front Desk) 2:00pm- Shark Week: Ocean Pictionary & Shark Fun Facts w/Heather 3:30pm- Happy Hour w/Piña Coladas & Music by Marshall Hill</p>	<p>27 11:00am- Morning Exercise (Channel 2501) 1:30pm- Movie Matinee <i>"On A Wing And A Prayer"</i> 2:00pm- Resident Card Games 3:30pm- Afternoon Walk</p>
<p>28 9:30am- Televised Morning Message (Channel 2501) 11:00am- Morning Exercise (Channel 2501) 1:30pm- Puzzle Time 2:30pm- Church Service & Hymns w/One Community Church (Bistro) 3:30pm- Afternoon Walk</p>	<p>29 9:15am- Improved Health Exercise Video 11:00am- Sit and Be Fit 1:30pm- Bingo 2:30pm- Resident Card Games 3:00pm- Country Drive (Outing)</p>	<p>30 9:15am- Improved Health Exercise Video 11:00am- Morning Devotional 1:15pm- Sit and Be Fit 2:00pm- Choir Practice 3:00pm- Farkle</p>	<p>31 9:15am- Improved Health Exercise Video 9:30am- Shopping Outing: Barnes & Noble 1:15pm- Sit and Be Fit 2:00pm- Travel Time <i>"A Trip to Nantucket"</i> Presented by Karen 3:30pm- Bingo 6:30pm- Televised Wednesday Night Church Service (Channel 2501)</p>			